**Life After House Rules**

**General Conduct**

1. **Sobriety Commitment**: Residents must commit to staying sober during their stay.
2. **No Violence or Threatening Behavior**: A strict no-tolerance policy for violence, threats, or abuse of any kind.
3. **House Meetings**: Mandatory attendance at weekly house meetings to discuss any concerns and reinforce community.
4. **Curfew**: Implement a curfew to ensure residents are home at a reasonable hour.
5. **Respect for Peers**: Treat fellow residents, staff, and visitors with respect and dignity.

**Substance-Related Regulations**

1. **No Drugs or Alcohol**: Absolutely no possession, use, or distribution of drugs or alcohol.
2. **Drug Testing**: Regular drug tests to ensure compliance with the sobriety commitment.
3. **Prescription Medications**: All prescription medications must be disclosed and used only as prescribed.

**Daily Living**

1. **Cleanliness**: Each resident is responsible for maintaining their personal living space and contributing to common area cleanliness.
2. **Chores**: Participation in a chore rotation to keep the house in good condition.
3. **Personal Responsibility**: Residents must manage their own finances, appointments, and daily tasks.

**Visitors and Privacy**

1. **Visitor Policy**: Visitors are allowed only during designated hours and must sign in and out. Weekends from 1-4pm.
2. **Overnight Guests**: No overnight guests allowed without prior approval.
3. **Privacy**: Respect others' privacy and personal boundaries.

**Meetings and Activities**

1. **Recovery Participation**: Attend 3 supportive meetings or activities weekly. .
2. **House Meetings:** Involvement in weekly house meetings, groups, or activities designed to support recovery.

**Emergency Procedures**

1. **Emergency Contacts**: Maintain up-to-date emergency contact information.
2. **Evacuation Plan**: Familiarize yourself with and follow the house's emergency evacuation plan in case of fires or other emergencies.